# Keeping Kids Safe Handout

## I. Digital Safety

### A. CONTROL THE LARGER ENVIRONMENT

1. Control the WiFi network.
2. Don't have computers and devices with Internet access in private spaces.
3. Consider family electronic commitments, like putting away phones in the evening.
4. Add on software like Screen Accountability.
5. Lock down phones for limited use—can control contacts, getting on Internet, etc.
6. For Software (like Roblox, Facebook):
   a. Disable chat features so they can't talk privately to people.
   b. Monitor if they can access adult content.
7. Use a software like Covenant Eyes.
8. Don't give children free access to credit cards.
9. Don't trust that sites block inappropriate content.
10. Make sure you can get into their accounts.
11. Then get into their accounts regularly.

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### B. POSTING

1. Be cautious about posting snapshots of your children, especially ones that reveal their name, grade, school, etc.
2. Don't post details about their activities.
3. Don't include backgrounds that are identifiable.
4. Be wary about geotagging.

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### C SUPERVISION

1. Young children should be monitored in electronics use.
2. For camps, schools:
   a. Are there safeguards around Internet access, including for phones?
   b. Are there rules about electronic communications (i.e. bullying, etc.)?
   c. Are workers trained about digital risks?

### D EDUCATION

1. Teach children that for all social media and games:
   a. Don't talk about the city you live in, or your school, etc.
2. Teach children that they may not be talking to a child.
3. Have open discussions about porn. Encourage children to report it if they see it.
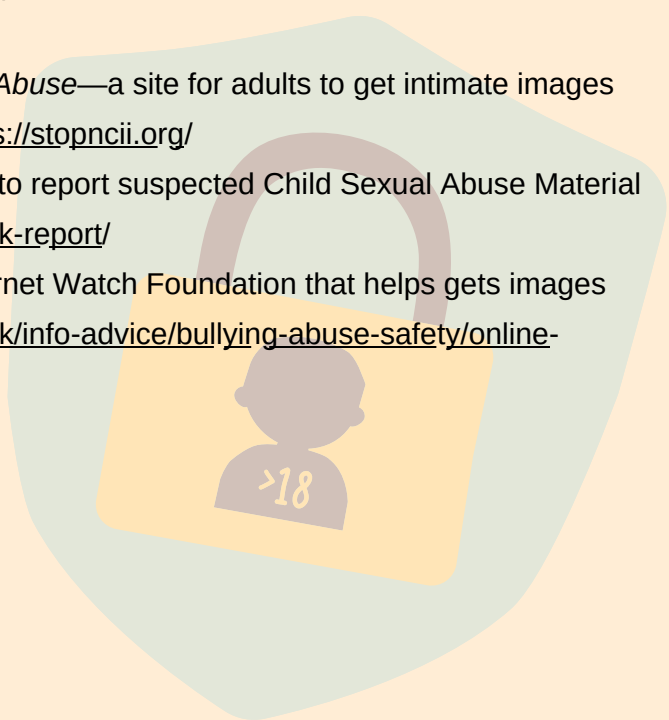
### E BE WARY ABOUT PUBLIC SCHOOLS

1. Educate children on sexuality before the schools do.
   a. Consider not participating in unsafe schools.
2. Educate children about safe Internet practices.
3. Be familiar with school policies and what is available through the library and
4. EBSCO. Set up controls on computers to block inappropriate content.
   a. Be wary of EBSCO.

**Note:** Due to the extensive material here, Telios has not had an opportunity to review all of it. While these are reputable sites, always exercise caution.

## II. Resources

1. *Protect Young Eyes*—guidance on helping families protect children, at https://www.protectyoungeyes.com/

2. *Covenant Eyes*—software to help people live free from porn, at https://start.covenanteyes.com/victory-app/?msclkid=d94beff8468a1ca456ec886616016d86&utm_source=bing&utm_medium=cpc&utm_campaign=Branded&utm_term=covenant%20eyes&utm_content=Branded

3. *Common Sense Media*—with lots of different media reviews and Parents' Guides (free upon membership), including *Parental Controls* and *Parents' Ultimate Guide to Roblox*, at https://www.commonsensemedia.org/

4. *Privacy Guides for Social Media and Gaming Platforms*—detailed instructions platform by platform at https://nmdoj.gov/get-help/internet-protection-safety/

5. *Protecting Children from Cyberbullying*-- https://nmdoj.gov/wp-content/uploads/NMDOJ-Guide-Cyberbullying-2024.pdf

6. *Protecting Children from Sextortion*-- https://nmdoj.gov/wp-content/uploads/NMDOJ-Guide-Sextortion-2024.pdf

7. *Take it Down*—a service to get explicit photos of minors taken down—at https://takeitdown.ncmec.org/

8. *Stop Non-Consensual Intimate Image Abuse*—a site for adults to get intimate images taken down (i.e. revenge porn), at https://stopncii.org/

9. *Internet Watch Foundation*—a UK site to report suspected Child Sexual Abuse Material (CSAM), at https://www.iwf.org.uk/en/uk-report/

10. *Childline*—a UK site related to the Internet Watch Foundation that helps gets images removed, at https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/report-remove/

THE GOOD, THE BAD, THE DIGITAL: HELPING CHILDREN WALK SAFELY IN DIGITAL SPACES!

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**II. Resources**

11. *Child Exploitation and Online Protection*—a UK site for reporting online sexual abuse, at https://www.ceop.police.uk/safety-centre/

12. *Cyber Tipline*—run by the National Center for Missing and Exploited Children, at https://report.cybertip.org/

13. *Is Your Explicit Content Out There?*—a guide for reporting to the platforms by National Center for Missing and Exploited Children, at https://www.missingkids.org/gethelpnow/isyourexplicitcontentoutthere

14. *FBI Safe Online Surfing*—an online game for children in Cyber Surf Island to teach cyber safety and digital citizenship, at https://sos.fbi.gov/en/. It includes school competitions and teacher resources.

15. *NetSmartz*—an online safety education program by NCMEC, with age-appropriate videos and activities, at https://www.missingkids.org/netsmartz/home

16. *Stop Bullying*—a federal resource for bullying and cyber-bullying, at https://www.stopbullying.gov/

17. *Stay Safe Online*—a resource from the National Cybersecurity Alliance—at https://www.staysafeonline.org/

18. *Be Internet Awesome*—a resource from Google with lots of information, including several safety games, at https://beinternetawesome.withgoogle.com/en_us

19. *Thorn*—site dedicated to building a safer world for kids, with research and solutions on child safety, at https://www.thorn.org/

20. *Handling Child-on-Child Sexual Misconduct*—article about responding to allegations of abuse (Ascano and Sidebotham), at https://ecap.net/handling-child-on-child-sexual-misconduct/